

SAMPLE

KOREAN - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Spinach soup 8oz, rice 1cup, Grilled fish 5oz, stir fried potato 5pz, zucchini pancake 5oz, Napa Kimchi 1/4cup	2. Soft tofu soup 8oz, rice 1cup, fish cutlet 5oz, stir fried potato 5oz, grilled zucchini 5oz, Bakchoy Kimchi 1/4cup	3. Napa cabbage soup 8oz, rice 1cup, Pollack stew pork5oz, seasoned seaweed 5pz, stir vegetable 5oz, Radish Kimchi ¼ cup
6. Veg soup 8oz, rice 1/4cup, BBQ beef 5pz, eggplant 5oz, noodle salad 5oz, Kirby Kimchi 1/4cup	7. Spinach soup 8oz, rice 1cup, Grilled fish 5oz, stir fried potato 5pz, zucchini pancake 5oz, Napa Kimchi 1/4cup	8. Seaweed soup 8oz, rice 1cup, Chicken cutlet 5oz, lotus 5oz chicken salad 1/4cup Radish Kimchi 1/4cup	9. Beef veg soup 8oz, rice 1cup, chicken stew 5oz, anchovy 5oz, pepper pancake 5oz Napa Kimchi ¼ cup	10. Soft tofu soup 8oz, rice 1cup, grilled mckerrel 5oz tofu stew 5oz, scallion pancake 5 oz Napa Kimchi ¼ cup
13. Paste soup 8oz, rice 1cup, beef teriyaki 5oz fish pancake 5oz, anchovy 5oz white napa Kimchi 1/4cup	14. Kimchi stew 8oz, rice 1cup, mixed vegetable 5oz, kimchi/meatball 5oz, salad 5oz SS Kirby/4cup	15. Bean sprout soup 8oz, rice 1cup, Grilled pork 5oz, jelly salad 5oz, season beef 4oz, Napa Kimchi 1/4cup	16. Beef radish soup 8oz, rice 1cup, chicken stew 5oz, stir mushroom 5oz, garlic steam 5oz, Napa Kimchi ¼ cup	17. Beef radish soup 8oz, rice 1cup, Pollack stew 5oz, noodle salad 5oz, season garlic 5oz, Radish Kimchi ¼ cup
20. Beef radish soup 8oz, rice 1cup, Grilled fish 5oz, anchovy 5oz, ss garlic 5oz Kirby Kimchi ¼ cup	21. Soft tofu soup 8oz, rice 1cup, fish cutlet 5oz, stir fried potato 5oz, grilled zucchini 5oz, Bakchoy Kimchi 1/4cup	22. seaweed soup 8oz, rice 1cup, Bf teriyaki 5oz,sesame pancake 3 oz, Mix vegetable salad ¼ cup, Napa Kimchi ¼ cup	23. Beef radish soup 8oz, rice 1cup, Grilled fish 5oz, anchovy 5oz, ss garlic 5oz Scallion Kimchi ¼ cup	24. Veg soup 8oz, rice 1/4cup, BBQ beef 5pz, eggplant 5oz, noodle salad 5oz, Napa Kimchi 1/4cup
27. Seaweed soup 8oz, rice 1cup, Chicken cutlet 5oz, lotus 5oz chicken salad 1/4cup Radish Kimchi 1/4cup	28. Kimchi stew 8oz, rice 1cup, mixed vegetable 5oz, kimchi/meatball 5oz, salad 5oz SS Kirby/4cup	29. Fish hot soup 8oz, rice 1cup, BBQ beef 5oz eggplant 5oz, chicken salad 5oz Napa Kimchi 1/4cup	30. Beef hot soup 8oz, rice 1cup, skate fish stew 5oz, sesame pancake 5oz, grilled mushroom 5oz, Napa Radish Kimchi 1/4cup	31. Soft tofu soup 8oz, rice 1cup, fish cutlet 5oz, stir fried potato 5oz, grilled zucchini 5oz, Bakchoy Kimchi 1/4cup